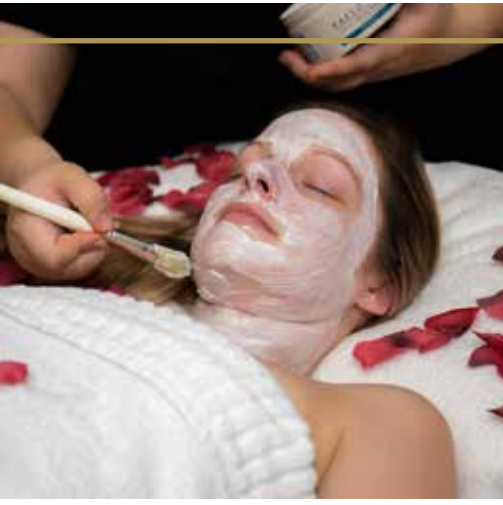


BEAUTY THERAPY TREATMENTS



FACIALS

Mini Facial (30min)

£35.00

Includes a double cleanse, exfoliation, a mini massage of your face, chest, shoulders and neck followed by tone, moisturise and eye cream/gel to finish

Luxury Facial (60min)

£47.00

Using products suited to your skin type you will experience the same routine as a mini facial with the added luxury of a longer massage and having the option of a hand and arm or a scalp massage whilst your mask is setting

MASSAGE TREATMENTS

Swedish Full Body Massage (60min)

£60.00

Indulge in a full body Swedish massage for the ultimate relaxation! The therapist will treat areas of tension including the back, legs, feet arms and hands

Back, Neck and Shoulder Massage (30min)

£40.00

A deeply relaxing massage focusing on areas of built up tension and stress across the neck shoulders and back

Indian Head Massage (30min)

£40.00

A relaxing holistic treatment that uses acupressure massage to release stress that has accumulated in the tissues, muscles and joints of the head, face, neck and shoulders. It aims to rebalance the body's energies

Blissful Back Scrub (30min)

£35.00

Includes mini massage and moisturize



HANDS & FEET

O.P.I Mini Manicure (30min)

£25.00

(A hydrating manicure including filing and cuticle work. Choose between a relaxing hand and arm massage or an O.P.I lacquer to finish)

Full O.P.I Manicure (60min)

£35.00

(A full manicure that includes exfoliation, filing, cuticle work, a relaxing arm & hand massage and an O.P.I. lacquer to finish)

O.P.I Mini Pedicure (30min)

£25.00

(A hydrating pedicure which includes filing, cuticle work and moisturise. Then choose between a relaxing leg and foot massage or an O.P.I lacquer to finish)

Full O.P.I Pedicure (60min)

£35.00

(A full pedicure that includes a foot soak, exfoliation, removal of hard skin, filing, cuticle work and relaxing leg massage)

GELISH

Gelish® Soak-Off Gel Polish applies like polish and cures in a LED lamp in 30 seconds. Gelish stays on nails for up to 2 weeks with no chipping or peeling, and soaks completely off in only 10 - 15 minutes

Gelish Nails Hands or Feet (60min)

£45.00

Gelish Soak Off (30min)

£25.00

Gelish Soak Off and RE-apply (90min)

£60.00



For bookings and enquiries
 01473 694270 • leisure.belstead@muthuhotelsmgm.com

